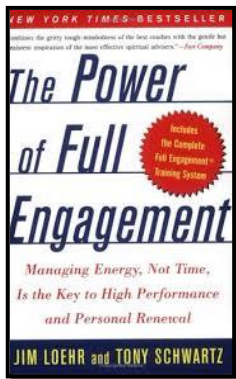


The Power of Full Engagement Luncheon

Wednesday, January 22nd

Be our guest for this empowering luncheon.

The **Beaverton Chamber** and **Umpqua Bank** are serving up another delicious opportunity to help you grow your business. Please join us for this important business luncheon session: **The Power of Full Engagement** presented by Dave Chin, BusinessCOACH of Oregon.



Managing energy, not time, is the key to high performance. Research has proven that human energy, not time, is the essential resource and the key limiting factor to growth and success. The number of hours in a day is fixed, but the quantity and quality of energy is not. Are you performing at peak capacity or do you drag through the day focused on reaching that evening glass of wine? How often have you heard yourself say – “if only I had enough time, I could....?”

Don't just guard your energy, learn to build it and make it durable by tapping into the innovative energy management principles in *The Power of Full Engagement* by Jim Loehr and Tony Schwartz.

In this session, you will:

- learn how to align your energy to be consistent with your deepest values
- face the truth about how you are currently spending your energy
- take action; closing the gap between who you are today and who you want to be

Wednesday, January 22, 2014
11:30am-1:00pm

Umpqua Bank, Tanasbourne
2870 NW Town Center Dr.
Beaverton, OR 97006

Join us. Attendance is free with your [registration here](#).

Luncheon is served courtesy of **HR Annie Consulting** and **Monkey Subs**.

A big thank you to our partners:



Dave Chin, owner of BusinessCOACH of Oregon, is a long-time Beaverton Chamber member. Dave helps business owners like you, reignite their passion for business. His clients are re-energized, refocused, and growing their businesses more than they ever thought possible. They work fewer hours, earn more money and experience less stress.



Links:

BusinessCOACH of Oregon logo: <http://businesscoachoforegon.com/>

Book: <http://astore.amazon.com/businesscoachof-20/detail/0743226755>

Event Registration:

<http://events.constantcontact.com/register/event?llr=pwf5lgcab&oeidk=a07e8gzuda7fb445195>

Umpqua Bank log: <https://www.umpquabank.com/>

HR Annie Consulting logo : <http://www.hrannieconsulting.com/>

Monkey Subs logo: <http://www.yelp.com/biz/monkeys-sub-beaverton>

Dave Chin image: <http://businesscoachoforegon.com/about-us.html>

Google Calendar Version

The Power of Full Engagement Luncheon

When: Wed, Jan 22, 11:30am-1pm

Where: Umpqua Bank, 2870 NW Town Center Dr, Beaverton, OR 97006

Description: Managing energy, not time, is the key to high performance. Don't just guard your energy, learn to build it and make it durable by tapping into the innovative energy management principles in *The Power of Full Engagement*. Attendance is free with your [registration here](#).